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CORRESPONDING TO THE HANDBOOK *"Thriving in Difficult Places"*

Most topics/chapters in the handbook, *"Thriving in Difficult Places"*, have only one PowerPoint and each of these stands on its own. However, the topics with sub-bullets below consist of two or three PowerPoints, as per number of sub-bullets, and their individual number of slides are indicated in []-brackets, with the total above them, underlined. An example of such a topic is the topic *"Conflict Resolution"* (3 PowerPoints – 157+49+56=252 slides.) All PowerPoints are bought as one unit per topic, regardless of the number of slides or PowerPoints in one main topic.

	Number of Slides	Size (MB)
Stress Management	106 pp.	6 MB
Beat Burnout	101	7
Transition – Dealing with Change.....	93	9
Culture Shock and Differences: (2 PowerPoints below) .	<u>198</u>	<u>20</u>
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Single ... But Not Sorry	53	6



Loneliness ... But Not Alone	49 pp.	4 MB
Self-Care – To End Well.....	116	9
Raising Friends and Support (2 PowerPoints)	<u>258</u>	<u>23</u>
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Conflict Management (3 separate PowerPoints)	<u>252</u>	<u>15 MB</u>
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○ Cross-Cultural Conflict and Mediation in Conflict ...	[56]	[4]
Debriefing – General and Trauma (2 PowerPoints)	<u>187</u>	<u>11</u>
○ General Debriefing	[133]	[7]
○ Trauma and Crisis Debriefing (CISD)	[54]	[4]
Field Visits – A Morale Booster.....	51	4
Survey Outcomes* and Member Care Introduction	<u>65</u>	<u>7 MB</u>
TOTAL	<u>2,163 slides</u>	<u>174 MB</u>

*Survey Outcomes can be downloaded free of charge from the website www.thrivingmember.com in PDF-format. However, this PowerPoint contains only the most basic Survey Outcomes (excluding most comparative studies available from the website in PDF-format), and it includes a section called, "Introduction to Member Care".